



“Truly it is nature which affords the child the opportunity to grow; it is nature which bestows independence upon him and guides him to success in achieving his freedom.” - Dr. Maria Montessori

Richard Louv, author of *Last Child in the Woods*, commended Dr. Montessori for promoting the link between nature and children, “In nature, children find their strength.” He explained how ‘nature’ is prescribed to children to help fight obesity, develop cognitive skills and creativity. Nature reawakens the senses that have been blocked by inactivity and screen-time. Louv remarked, "If we really care about our children, we really need to leave no child inside.”

So what can we do? Help build curiosity in our children: take a walk in nature. American marine biologist and environmentalist, Rachel Carson, author of the book *A Sense of Wonder* advocates for a cross-generational exploration of nature: “If a child is to keep alive his inborn sense of wonder, he needs the companionship of at least one adult who can share it, rediscovering with him the joy, excitement and mystery of the world we live in.”

Bring inquiry based science into your child’s everyday life: theorize, do hands on activities, and discuss the experience. Important activities like cooking, art, walking the beach, or hiking in the woods become scientific experiments with good questions and exploration!

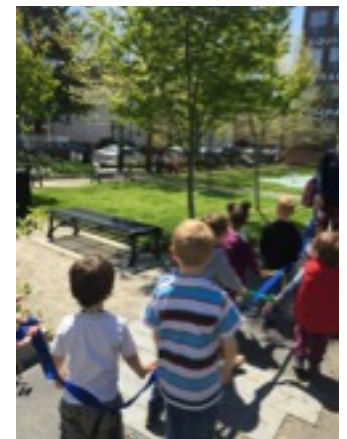
Looking ahead:

**May 14** - 2PM Parent Info Session: Invite a friend or share the event with parent groups! Aster Montessori School, 883 Cambridge St.

**May 21** - 9AM Montessori 101, Wild Rose Montessori, 2284 Massachusetts Ave

**May 30** - No School, Memorial Day

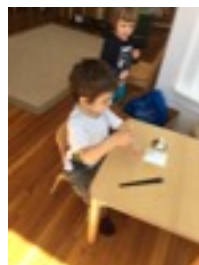
**Snack, Flowers, Laundry** - Alvar



We heard one lone cello...then it was joined by a recorder and a fiddle! Music in the park!



I'm challenging my ability to walk on the line!



The sweet sound of one note...



When I persevere at a challenging and interesting task, my concentration is unstoppable!



I'm inspired by nature to create clay worms that I see in the garden!